

Annotation

Subject matter of the dissertation: "Psychological features of subjective activity of senior pupils in the period of preparation for the final certification exam"

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Topicality of the research: One of the major stressful situations for adolescents is the end of the school and the final certification exam. It is a complicated procedure, which differs from the usual experience of students and have specific requirements for the level of development of mental functions. Modern psychology is always interested in the influence of personal psychological characteristics of students on the process of learning, development and overcoming stress.

Objective: is to develop socio - psychological techniques, methods of correction, means and mechanisms of formation subject activity, as a factor of stress resistance in high school .and to reveal the influence of a group psychological support to the correction of stress conditions of the individual in terms of training and passing the exam.

Tasks:

1. To carry out a theoretical analysis of the basic directions of the study of subjective activity, the formation of stress in psychology, as well as to organize and summarize the positive experience of the use of various techniques in group and individual work.

2. To analyze the nature and specifics of the procedure of the exam..

3. Conduct a diagnostic study.

4. Develop and test the algorithm of the socio-psychological technologies of subject activity as a factor of stress resistance.

5. Carry out re-diagnosis in order to monitor the effectiveness of the proposed developmental program.

6. Summarize the results of the study.

Theoretical and practical significance of the research:

- The results of the study significantly complement the scientific understanding of the personality traits of graduates in preparing for the exam, their relationship to the effectiveness of the passage of the final certification; expanded scientific understanding of the possibilities of using psychological preparation for the exam;

- On the basis of theoretical and empirical data created developing program for students of graduating classes "Psychological support of students during the exam."

Results of the research: The study proved that the developed program promotes the formation of stress resistance, acts as the regulatory process that change subjective personality of high school students: "subject activity", "stress", "the level and nature of anxiety."

Recommendations: The results of the study can be used by teachers, school psychologists, social teachers, school administrators.