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Psychology of integrative sex and gender research of human individuality

The formation process of interdisciplinary and applied aspects in the human studies is very dynamic. A person is a system object that interacts with other complicated systems like nature and society. The necessity in the systemic approach arises when in order to create a full picture not only object’s imminent qualities are studied but also some peculiarities arising during the interaction between the object and other systems. Gender psychology studies men and women as products of biogenetic program or a sociocultural program product on the basis of element-by-element analysis. Despite obvious achievements of the sciences, there are certain problems of cognitive and methodological character in the studies of individuality of men and women. The author does not reject the necessity of an element-by-element analysis of individuality of men and women but believes that they are not enough.

Key words: individuality, psychology, sex, gender, research, interdisciplinarity, man, woman, person, systemic approach, gender psychology, sociocultural program, element-by-element analysis.