Summary of final qualifying work.

Theme of the final qualifying work: "Psychological prevention of manifestations of destructive aggression of students in the process of vocational training" Author of the WRC Kumysheva Olesya Anatolievna Supervisor of the WRC Doctor of Psychology, Professor of the Department of Personality Psychology and Professional Activity, S.V. Khrebina Information of the customer organization. Psychological service of FGBOU VPO Pyatigorsk State Linguistic Relevance of the research topic. At present, the problem of aggressive behavior of young people is acquiring an acute social orientation. In this regard, educators, psychologists, sociologists, lawyers are increasingly paying attention to issues

Modern reality calls for specialists in the field of psychology to look at the problem of aggression and aggressiveness differently. In our time, the manifestation of aggression by young people has become commonplace, and not the exception. Modern youth lives in the context of rapid changes in political tensions and socio-economic conditions. All this leads to increased aggressive tendencies on their part. The specificity of aggressive behavior lies in the fact that, touching on the emotional sphere of the personality, it aggravates moral and moral dissonance, contributes to the formation of depressive and stressful states.

The high level of manifestation of destructive aggression of student youth can be considered an alarming factor, which negatively affects not only relations with peers, friends and parents, educational activities, but also success in personal life and professional activity. The aim of the work is to identify the psychological characteristics of preventing the manifestation of destructive student aggression. at the training stage. Objectives of the study:

1. Conduct a theoretical and methodological analysis of the problem of psychological prevention of manifestations of destructive aggression of students in the process of professional training.

2. To determine and justify the psychological conditions affecting the effectiveness of psychological prevention of manifestations of destructive aggression among students.

3 “Develop and test a theoretical model of psychological prevention of manifestations of destructive aggression among students at the stage of university preparation

4. Consider the peculiarity of indicators of manifestation of aggression, and their relationship with the individual characteristics of the students' personality.

5. Develop and test a program of psychological prevention of the manifestation of destructive aggression of students.

6: Experimentally establish the effectiveness of a theoretical model and program of psychological prevention of manifestations of destructive aggression of students in the course of professional training The theoretical significance of the study is that: -the theoretical approaches to the problem of psychological prevention of manifestations of destructive student aggression in the process of professional training are summarized; a model of psychological prevention of manifestation of destructive aggression of students in the process of professional training was theoretically substantiated; proposed and tested a theoretically sound system of psychological measures aimed at reducing the manifestations of destructive aggression of students through the activation of self-awareness, the elimination of pathological behavioral stereotypes and the development of constructive response skills in situations of emotional stress; The practical significance of the study lies in the fact that: theoretical and practical developments can be used in the activities of psychological services of universities in the development of programs for the psychological support of students in the process of professional training; theoretical conclusions and scientific and practical developments can be used as a basis for elective courses on the psychology of aggressive behavior and its correction for psychology
students, practicing psychologists, and teachers. The results of the study. The definition of “manifestation of destructive aggression of a student” is defined as a complex psychological phenomenon, the structural elements of which are external (behavioral) and internal (psychological) components: psychological conditions that provide effective psychological prevention of manifestation of destructive aggression of students in the process of professional training are revealed; developed a model and program for the psychological prevention of the manifestation of destructive aggression of students in the process of vocational training, represented by targeted, informative, technological and effective components Recommendations. A program of psychological prevention of destructive aggression by students “Management of aggression” was proposed, and also showed recommendations for teachers on effective interaction with students.